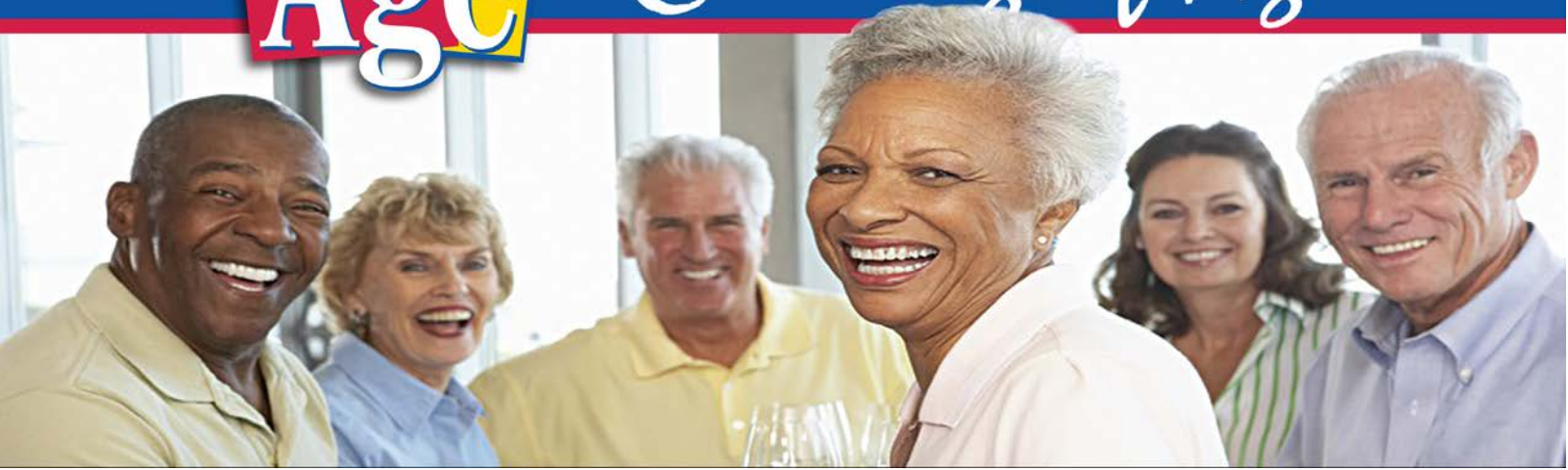




Coming of Age



Park University & Coming of Age KC
present

Shaping Your Future

An educational series for people age 50 +

Shaping Your Future offers multiple options that guide individuals to embrace their next phase of life, including community engagement, lifelong learning and encore careers.

Part I – Explore Your Future Workshop

- Provides a unique opportunity for people age 50+ to consider “WHAT’S NEXT?” and to create a plan for the future which is personally satisfying and rewarding.

Part II – Lifelong Learning Lab

- Your passport to a series of learning experiences, such as:
 - Individual inventory of continuing education interests
 - Access to resources, including university academic and continuing education offerings, library programs, and community-based learning
 - Embracing the "Diploma of Advanced Studies" process, with a game plan of creating a journal, identifying a "support group," and individual coaching opportunities
 - Identifying a capstone "experience"

Part III – Midlife Essentials

- A robust selection of 1-2 hour classes covering important topics and vital information for midlife and older adults so they may more successfully navigate the next phase of life.

In collaboration with...

