



It's All About What People 50+ Can Do



Lifelong Learning Lab

Certifications

Credit and Non-credit Courses

Diploma of Advanced Studies

Degree Programs

Midlife Essentials

Information people age 50+ need to successfully navigate the encore years!

Financial and Estate Planning

Social Security

Medicare/Medicaid/Supplemental Insurance

End of Life “Caring Conversations”

Durable Powers of Attorney for Health Care and Financial Decisions

Caregiving/Caregiver Support and Resources

Digital Literacy Labs.

Driving Cessation Methodologies

Mobility and Transportation Options

Prevention of Falling/Matter of Balance

Civic Engagement and Board Service

United Way’s “volunteermatch.com”

“The Sleep Revolution”

Downsizing